



Intent- We aim to...

Ensure children are engaged in PE regardless of ability or need.

Ensure the children's experience of PE is positive and motivating, by promoting core values.

Encourage children to lead healthy and active lifestyles by providing health, knowledge and promoting the benefits of healthy living.

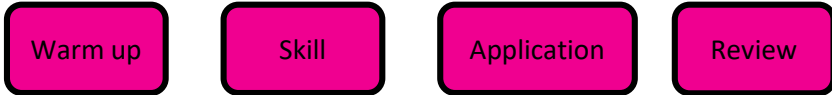
Provide opportunities for children to be active outside of PE lessons

Ensure children have opportunities to experience positive competition where key skills and core values can be applied.

Implementation- How do we achieve our aims?

Our curriculum Real PE is an inclusive approach with the ambition that PE is a positive experience for every child. It teaches children fundamentals movements skills and key learning behaviours to help achieve that ambition. The ambitious Real PE curriculum enables all children to flourish and experience success throughout their primary school phase. Through a carefully planned and sequenced curriculum, which builds, revisits and develops skills and knowledge as they progress through school, thereby developing a strong sense of self-efficacy.

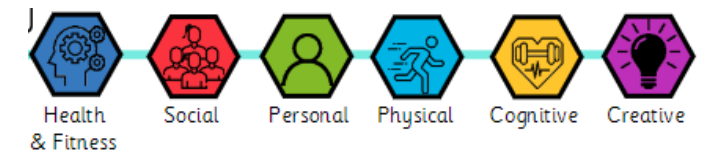
Consistent approach PE in EYFS takes place weekly in the form of physical activity, within a PE lesson, but also during 'Task Time', using large and small apparatus. EYFS introduce the cogs and begin to use the vocabulary around Core Real PE. In KS1, the Real PE scheme extends into two structured lessons a week and Real PE/Gym and Dance are taught separately. This continues to be the same for KS2, but also includes specific sports, such as basketball, tag rugby, athletics and more using previous Core Real PE skills. The whole school also swim in the summer term. Real PE and the KS2 sports planning, follow a clear lesson structure to ensure consistency. Lessons begin with a Warm Up activity prior to particular skills being taught. These skills are linked to a key concept and a fundamental movement (FUNS). Once skills have been taught, children apply them to games or routines before reviewing their performance, using the cog dice.



Golden threads At Keep Hatch, children will encounter Golden Threads. These are concepts that are revised and developed throughout different Real PE units and across the Key Stages. Every year group begins the year with the personal cog. The cogs change each half term. The following year children revise the personal cog to consolidate previous learning, ready to develop this skill. For example, EYFS will work on following instructions, this will be broken down into steps. Year 1 will consolidate this learning and move onto staying on task. By year 6 the personal cog will focus on, consistently trying to improve through perseverance and regular practice. The cog sequence is as follows- personal, social, cognitive, creative, physical, health and fitness. We also use these golden threads as a cross-curricular assessment and learning tool.



Cogs



While the cogs support development of the whole child to improve their learning journey. The fundamental skills, also running alongside the cogs are the ABC's- Agility, Balance and Co-ordination.



Specialist Coach

A sports coach in year 6 is used to enhance the teaching of PE. One lesson is led by teachers and second sports specific lesson is led by the specialist coach, with the support of the class teacher. This approach allows us to ensure teachers are up-skilled in PE to give non-specialists the confidence to teach the sports specific lessons. Coaches follow the Real PE scheme applying previous skills to the sport being taught. For example, before teaching netball children will have worked on their balls skills, dynamic balance on a line, counter balance, static balance, floorwork etc By year 6 children will have every cog turning, therefore feeling confident to work as a team and learn a sport.

Cross curricular

The cog posters are displayed in the classroom and sports halls and are used to introduce, assess and support children's learning in every subject. This way children are exposed to the vocabulary and assessment language regularly to provide consistency and thought provoking answers.



Wider sports opportunities

We provide opportunities for children to engage in sport through after school and lunchtime clubs, some of which are run by teachers and therefore open to all children in KS2 and they have the opportunity to represent the school through these clubs.



Intra- House

Each half- term we organise an Intra-House competition, where the whole school take part in various skills based activities to earn points for their house. Due to us adopting the whole child approach to learning, children are confident and happy to work as a team, supporting each other and challenging their previous learnt skills. Year 5 and 6 children lead each activity demonstrating, scoring and supporting children.

Hatchercise



Children to receive daily 30 minutes of physical activity outside of PE lessons. We offer active lunchtimes, with our sports coach and Friendship squad play games with the younger children and use the active playground markings. In addition, across the school children take part daily in 'Hatchercise' which could includes a daily mile and, daily Real PE or active time in the classrooms.



High quality equipment

Staff have access to a range of equipment to support PE lessons, and specialist equipment to support children with SEND (See PE policy for details). Equipment is monitored by the PE leaders and stored in a central place inside and outside. Once a year equipment is checked by the local health and safety member. Children are shown how to use equipment correctly and safely and they benefit from having access to a wide range of resources. We have use of two interactive whiteboards in the sports hall to support our teaching of Real PE/Gym and Dance and one in the smaller hall.



Use of large apparatus

We are fortunate to have large apparatus for Gymnastics teaching, including wall bars. Risk assessments are carried out prior to PE lessons where large apparatus is used, and children are shown how to use the apparatus safely (See PE policy for more details). We believe the use of apparatus enhances the teaching of Gymnastics and in Year 6 helps prepare children for KS3 PE. We also have an outdoor pool, where children swim during the summer term. Risk assessments and appropriate safety training take place each year. Staff also have access to up to date swimming lesson plans through an online scheme.



Impact- How will we know we achieved our aims?



Our high expectations and inclusive practice ensures all children participate in PE.



Children engage positively in PE lessons as they learn the skills needed to preserve, work together and a want to improve skills.



Children explain the benefits of leading healthy lifestyles, and they make healthy choices by engaging in active lunchtime activities and eating healthily in school.



After school clubs are offered to all children and they can volunteer to attend these.



Children engage in competition within and outside school, and they demonstrate our key skills and foster our core values.